

Simple Harmonic Oscillator (SHO)

Energy in SHO

Pendulums

Damped Oscillations

“The pendulum of the mind oscillates between sense and nonsense, not between right and wrong.”

-Carl Gustav Jung

David J. Starling
Penn State Hazleton
PHYS 211

Simple Harmonic Oscillator (SHO)

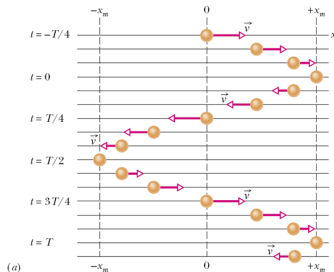
Oscillatory motion is motion that is periodic in time (e.g., earthquake shakes, guitar strings).

Simple Harmonic Oscillator (SHO)

Energy in SHO

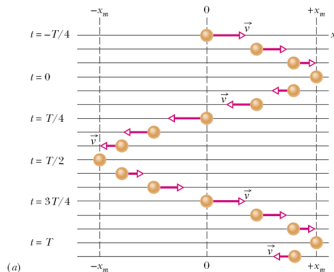
Pendulums

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Simple Harmonic Oscillator (SHO)

Oscillatory motion is motion that is periodic in time (e.g., earthquake shakes, guitar strings).



The period T measures the time for one oscillation.

Simple Harmonic Oscillator (SHO)

Energy in SHO

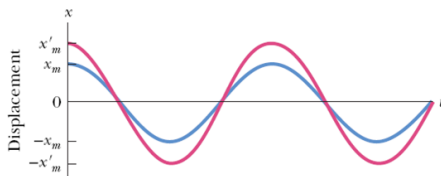
Pendulums

Damped Oscillations

Simple Harmonic Oscillator (SHO)

Oscillatory motion that is sinusoidal is known as
Simple Harmonic Motion.

$$x(t) = x_m \cos(\omega t)$$



(a)

Simple Harmonic
Oscillator (SHO)

Energy in SHO

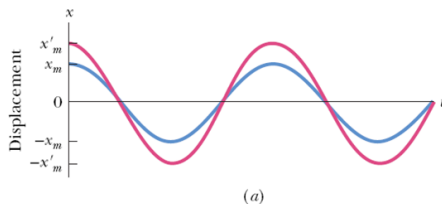
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x_m is the maximum displacement

Simple Harmonic
Oscillator (SHO)

Energy in SHO

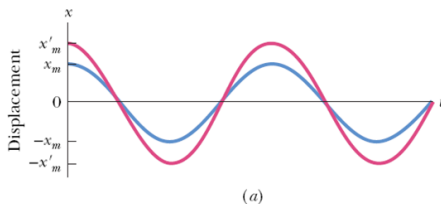
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Simple Harmonic Oscillator (SHO)

Oscillatory motion that is sinusoidal is known as
Simple Harmonic Motion.

$$x(t) = x_m \cos(\omega t)$$



x_m is the maximum displacement

ω is the angular frequency: $\omega = 2\pi f = 2\pi/T$.

Simple Harmonic
Oscillator (SHO)

Energy in SHO

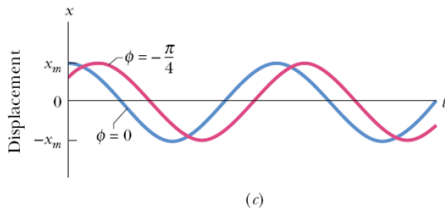
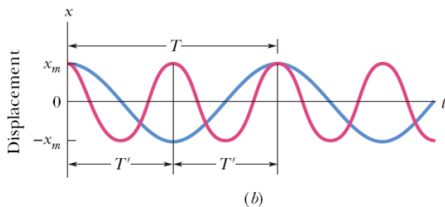
Pendulums

Damped Oscillations

Simple Harmonic Oscillator (SHO)

Two oscillators can have different frequencies, or different phases:

$$x(t) = x_m \cos(\omega t + \phi)$$



Simple Harmonic Oscillator (SHO)

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Simple Harmonic Oscillator (SHO)

Sinusoidal oscillations are described by these definitions:

$$x(t) = x_m \cos(\omega t + \phi)$$

$$T = 1/f$$

$$\omega = 2\pi f$$

Simple Harmonic Oscillator (SHO)

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Sinusoidal oscillations are described by these definitions:

$$x(t) = x_m \cos(\omega t + \phi)$$

$$T = 1/f$$

$$\omega = 2\pi f$$

- ▶ x in meters
- ▶ T in seconds
- ▶ f in Hertz (1/s)
- ▶ ω in rad/s

Simple Harmonic Oscillator (SHO)

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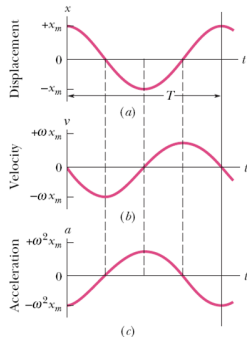
Simple Harmonic Oscillator (SHO)

Since we know the position of an oscillating object, we also know its velocity and acceleration:

$$x(t) = x_m \cos(\omega t + \phi)$$

$$v(t) = \frac{dx}{dt} = -\omega x_m \sin(\omega t + \phi)$$

$$a(t) = \frac{dv}{dt} = -\omega^2 x_m \cos(\omega t + \phi)$$



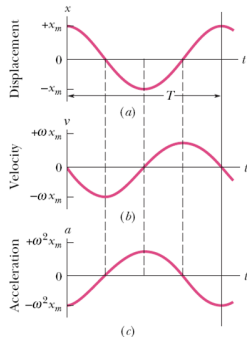
Simple Harmonic Oscillator (SHO)

The maximum velocity and acceleration depend on the frequency and the maximum displacement.

Max position: x_m

Max velocity: ωx_m

Max acceleration: $\omega^2 x_m$



Simple Harmonic Oscillator (SHO)

Energy in SHO

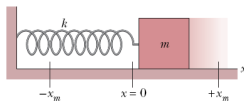
Pendulums

Damped Oscillations

Simple Harmonic Oscillator (SHO)

Simple harmonic motion is generated by a linear restoring force:

$$F = -kx = ma = m \frac{d^2x}{dt^2}$$



Simple Harmonic Oscillator (SHO)

Energy in SHO

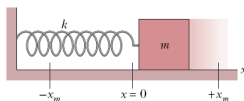
Pendulums

Damped Oscillations

Simple Harmonic Oscillator (SHO)

Simple harmonic motion is generated by a linear restoring force:

$$F = -kx = ma = m \frac{d^2x}{dt^2}$$
$$\frac{d^2x}{dt^2} + \frac{k}{m}x = 0$$



Simple Harmonic Oscillator (SHO)

Energy in SHO

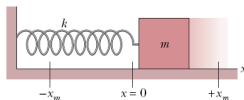
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Simple Harmonic Oscillator (SHO)

Simple harmonic motion is generated by a linear restoring force:

$$F = -kx = ma = m \frac{d^2x}{dt^2}$$
$$\frac{d^2x}{dt^2} + \frac{k}{m}x = 0$$



The solution to this differential equation:

$$x(t) = x_m \cos(\sqrt{k/m}t + \phi)$$

(so $\omega = \sqrt{k/m}$)

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Simple Harmonic Oscillator (SHO)

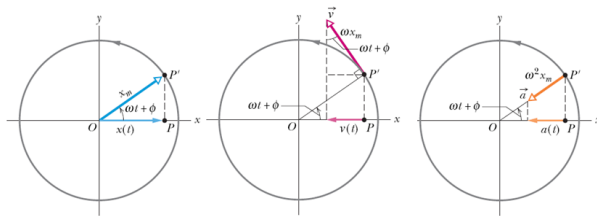
The motion of a SHO is related to motion in a circle.

Simple Harmonic Oscillator (SHO)

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Damped Oscillations



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Simple Harmonic Oscillator (SHO)

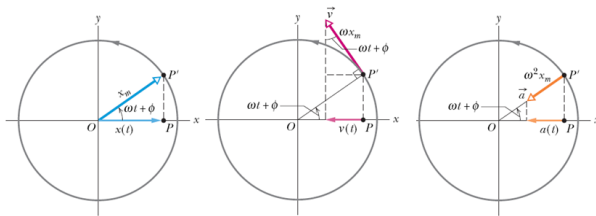
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Simple Harmonic Oscillator (SHO)

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Damped Oscillations



$$x(t) = x_m \cos(\omega t + \phi)$$

$$v(t) = -\omega x_m \sin(\omega t + \phi)$$

Simple Harmonic Oscillator (SHO)

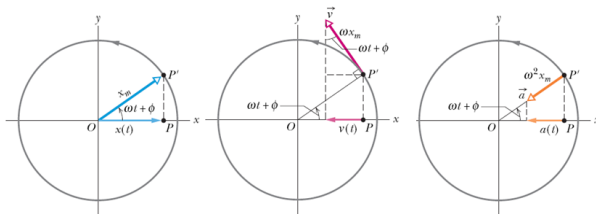
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Simple Harmonic Oscillator (SHO)

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Pendulums

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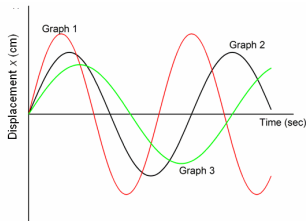
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$$a(t) = -\omega^2 x_m \cos(\omega t + \phi)$$

Lecture Question 15.1

The graph below represents the oscillatory motion of three different springs with identical masses attached to each. Which of these springs has the smallest spring constant?



- (a) Graph 1
- (b) Graph 2
- (c) Graph 3
- (d) Both 2 and 3 are smallest and equal
- (e) All three have the same spring constant.

Simple Harmonic Oscillator (SHO)

Energy in SHO

Pendulums

Damped Oscillations

A spring stores potential energy. To find it, calculate the work the spring force does:

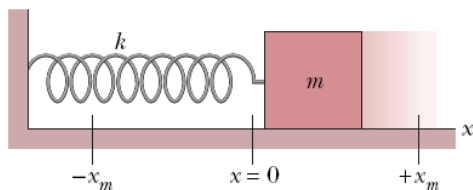
Simple Harmonic Oscillator (SHO)

Energy in SHO

Pendulums

Damped Oscillations

$$\Delta U = -W = - \int_{x_1}^{x_2} (-kx) dx = \frac{1}{2} kx_2^2 - \frac{1}{2} kx_1^2$$



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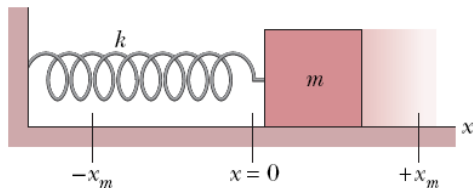
Simple Harmonic Oscillator (SHO)

Energy in SHO

Pendulums

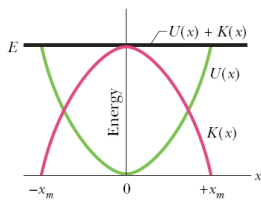
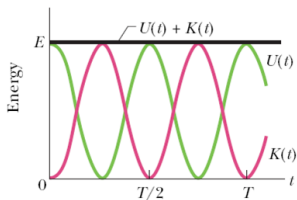
Damped Oscillations

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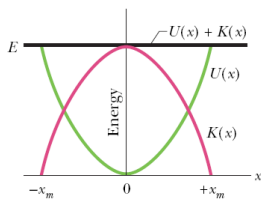
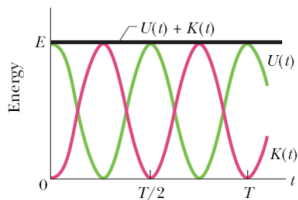


A spring compressed by x stores energy $U = \frac{1}{2}kx^2$.

As a mass oscillates, the energy transfers from kinetic to potential energy.

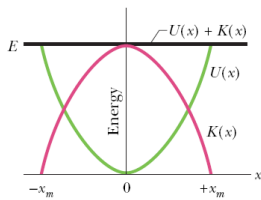
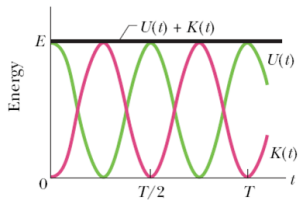


As a mass oscillates, the energy transfers from kinetic to potential energy.



At the ends of the motion, velocity is zero, K is zero and U is maximum.

Energy in SHO

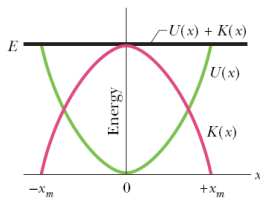
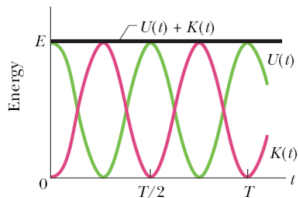


Simple Harmonic Oscillator (SHO)

Energy in SHO

Pendulums

Damped Oscillations



The energy oscillates between:

$$U = \frac{1}{2}kx^2 = \frac{1}{2}kx_m^2 \cos^2(\omega t + \phi)$$

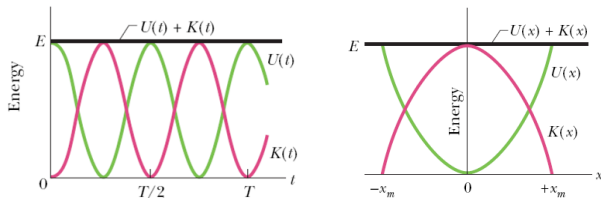
$$K = \frac{1}{2}mv^2 = \frac{1}{2} \underbrace{m\omega^2}_{k} x_m^2 \sin^2(\omega t + \phi)$$

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$$K = \frac{1}{2}mv^2 = \frac{1}{2} \underbrace{m\omega^2}_{k} x_m^2 \sin^2(\omega t + \phi)$$

$$E = U + K = U = \frac{1}{2}kx_m^2$$

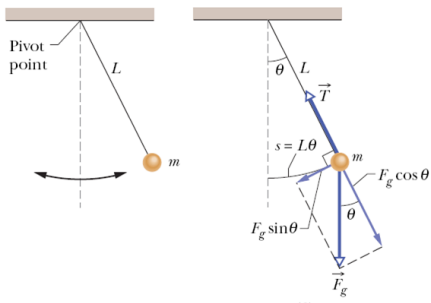
Simple Harmonic
Oscillator (SHO)

Energy in SHO

Pendulums

Damped Oscillations

A simple pendulum is a ball on a string. It acts like a SHO for small angles.



The restoring force:

$$F = -mg \sin \theta \approx -mg\theta$$

$$I = mL^2$$

Simple Harmonic Oscillator (SHO)

Energy in SHO

Pendulums

Damped Oscillations

For small angles ($\theta < 20^\circ$), a pendulum is like a simple harmonic oscillator.

$$\tau = -(mg\theta)L = I\alpha = I\frac{d^2\theta}{dt^2}$$

Simple Harmonic Oscillator (SHO)

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$$\omega = \sqrt{mgL/I} = \sqrt{g/L}$$

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$$T = 1/f = 2\pi/\omega = 2\pi\sqrt{L/g}$$

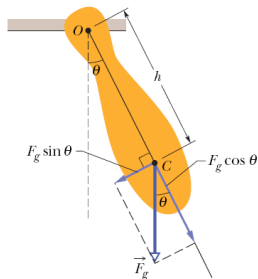
Simple Harmonic
Oscillator (SHO)

Energy in SHO

Pendulums

Damped Oscillations

For a physical pendulum with moment of inertia I and small oscillations,



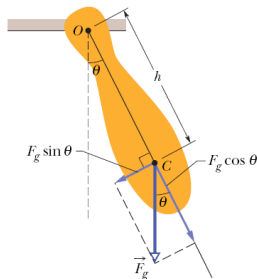
Simple Harmonic Oscillator (SHO)

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$$\frac{d^2\theta}{dt^2} + \frac{mgh}{I}\theta = 0$$

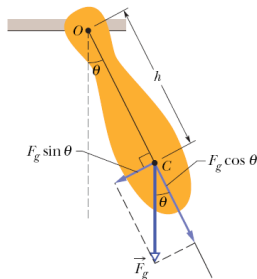
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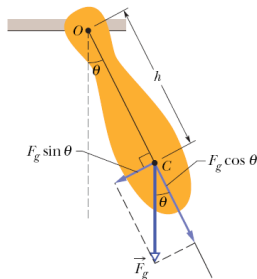
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$$T = 1/f = 2\pi/\omega = 2\pi\sqrt{I/mgh}$$

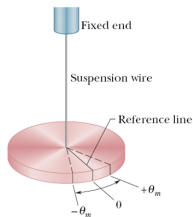
Simple Harmonic Oscillator (SHO)

Energy in SHO

Pendulums

Damped Oscillations

A torsion pendulum is a symmetric object where the restoring torque arises from a twisted wire.



$$\tau = -\kappa\theta \text{ (similar to spring)}$$

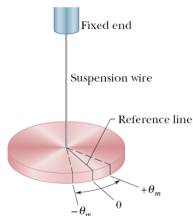
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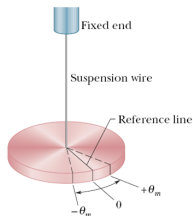
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$$\begin{aligned}\tau &= -\kappa\theta \text{ (similar to spring)} \\ \frac{d^2\theta}{dt^2} + \frac{\kappa}{I}\theta &= 0 \\ \omega &= \sqrt{\kappa/I}\end{aligned}$$

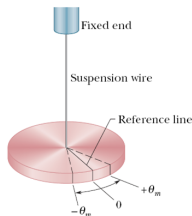
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$$\omega = \sqrt{\kappa/I}$$

$$T = 1/f = 2\pi/\omega = 2\pi\sqrt{I/\kappa}$$

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Lecture Question 15.3

A grandfather clock, which uses a pendulum to keep accurate time, is adjusted at sea level. The clock is then taken to an altitude of several kilometers. How will the clock behave in its new location?

- (a) The clock will run slow.
- (b) The clock will run fast.
- (c) The clock will run the same as it did at sea level.
- (d) The clock cannot run at such high altitudes.

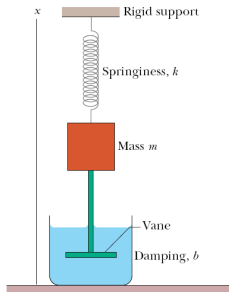
Simple Harmonic
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Damped Oscillations

Damped simple harmonic motion is the result of oscillatory behavior in the presence of a retarding force.



$$F_d = -bv$$

with b the damping constant.

Applying Newton's Second Law to this situation,

$$\begin{aligned}F_{net} &= ma \\-kx - bv &= ma \\0 &= \frac{d^2x}{dt^2} + \frac{b}{m} \frac{dx}{dt} + \frac{k}{m}x\end{aligned}$$

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The solution:

$$\begin{aligned}x(t) &= x_m e^{-bt/2m} \cos(\omega' t + \phi) \\ \omega' &= \sqrt{\frac{k}{m} - \frac{b^2}{4m^2}}\end{aligned}$$

Simple Harmonic
Oscillator (SHO)

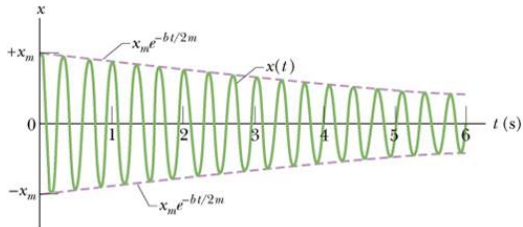
Energy in SHO

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Damped Oscillations

For damped harmonic motion, the oscillations will die out over time.



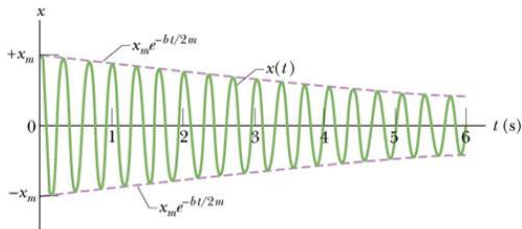
Simple Harmonic Oscillator (SHO)

Energy in SHO

Pendulums

Damped Oscillations

For damped harmonic motion, the oscillations will die out over time.



Side note: $\omega' = \sqrt{\frac{k}{m} - \frac{b^2}{4m^2}}$ is only valid if $k/m > b^2/4m^2$.

What happens if $k/m \leq b^2/4m^2$?

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Damped Oscillations

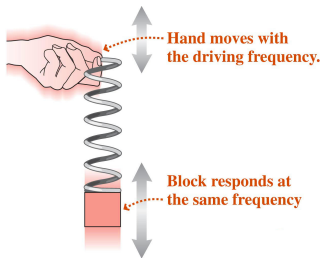
*If an oscillator of angular frequency ω is **driven** by an external force at a frequency ω_d , then the response will also be at ω_d .*

Simple Harmonic Oscillator (SHO)

Energy in SHO

Pendulums

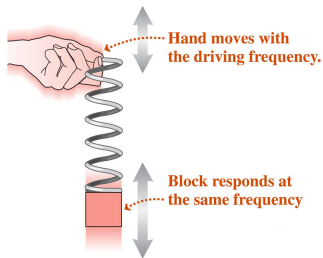
Damped Oscillations



Damped Oscillations

If an oscillator of angular frequency ω is **driven** by an external force at a frequency ω_d , then the response will also be at ω_d .

$$\frac{d^2x}{dt^2} + \frac{k}{m}x = F_0 \cos(\omega t) \rightarrow x(t) = A \cos(\omega t + \phi)$$



Simple Harmonic Oscillator (SHO)

Energy in SHO

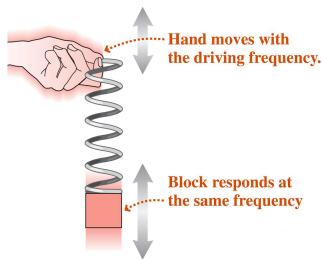
Pendulums

Damped Oscillations

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The amplitude A depends on the relationship between ω_d and ω .

Simple Harmonic Oscillator (SHO)

Energy in SHO

Pendulums

Damped Oscillations

Damped Oscillations

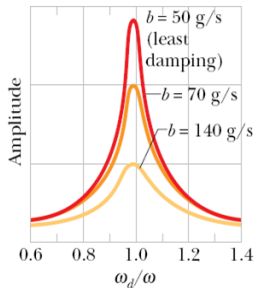
Simple Harmonic Oscillator (SHO)

Energy in SHO

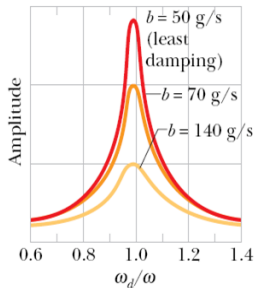
Pendulums

Damped Oscillations

*If a damped oscillator is driven at its natural frequency, the system is **on resonance** and the oscillations are maximum.*



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The width of the resonance peak depends on the damping constant.