Bachelor of Science, Human Development and Family Studies, Lifespan Human Services Option

The degree of Bachelor of Science in HDFS will be awarded upon completion of the following:

Credits  General Education Requirements (47 credits)
3 English 15 or 30
3 Communication Arts & Sciences (CAS) 100
3 English 202
3 Quantification credits, any area (typically Math 17 or Math 21)
4 Statistics 200 or EdPsy 101 (3 credits)
9 Natural Sciences
6 Arts
6 Humanities
6 Social Sciences (not HDFS - Psych 100 recommended)
3 Health Sciences and Physical Education

Credits  Major Requirements (24 credits)
3 HDFS 129 Introduction to HDFS
3 HDFS 301 Ethics
3 HDFS 311 Interventions
3 HDFS 312W Empirical Inquiry (Research Methods) (satisfies Writing Across the Curriculum requirement)
3 HDFS 315 (US) Family Development
3 HDFS 418 Family Relationships
6 Additional 6 credits, chosen from HDFS 229, 239, 249

Credits  Electives (3-5 credits minimum)
3-5 Electives to total a minimum of 120 credits for graduation

Credits  US Course (3 credits)
3 Must have 3 additional credits in a US course (CANNOT double-count anywhere)

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1 Prerequisites: Engl. 15 or 30 and 4th semester standing
2 Math 3 and 4 do not fulfill these credits
3 Prerequisites: 2 units of algebra (Math 17 or 21 fulfill this requirement)
4 These credits can be satisfied with Nutr 251
5 Prerequisite: HDFS 129
6 Prerequisite: C or better in Stats 200
7 Prerequisites: HDFS 129 and 3 credits of social, behavioral, or human biological sciences
8 Prerequisites: 312W and 315
*Always see your Advisor and check with the University Bulletin. This list is not a contract and is not intended to replace the degree audit.

**Credits**  
**Option Requirements for Lifespan Human Services (18 credits)**

- 3 HDFS 411 Helping\(^9\)
- 3 HDFS 414 Resolving Family Problems\(^10\)
- 3 HDFS 455 Program Development & Administration\(^\)

- 3 Additional 3 credits, chosen from HDFS 428, **429, 433, 445**\(^\)
  (make sure to check prerequisites for these courses)

- 6 Additional 6 credits in 300- or 400-level HDFS courses\(^\)
  (use 429/433/445 if not used above or 395, if applicable)

**Credits**  
**Internship Sequence (Group Project/Experience) (13-15 credits)**

- 3 HDFS 401 Project Planning, Implementation, and Evaluation*
  (*401 must be taken as a senior, the semester before 402/495C, see below)
- 4 HDFS 402 Human Services Seminar* (see 495C below)
- 6-8 HDFS 495C Professional Practicum in Human Services*
  (*402 and 495C must be taken concurrently in the same semester of graduation)

**Credits**  
**Supporting Courses (12 credits) [^in HDFS courses]**

- 6 Additional 6 credits in 400-level courses __________
  (see Advisor for list of courses that support competency in the option)
- 6 Additional 6 credits of other supporting courses __________
  (see Advisor for list of courses that support competency in the option)

___ Need US course that can double count with GEN Eds or anywhere else (HDFS 315Y)
___ Need an IL course that can double count with GEN Eds or anywhere else
___ Need W course that can double count with major course (HDFS 312W or 315Y)

**CONSIDER A MINOR, because many minors will satisfy these requirements, plus GenEds**

**Additional Information to Consider:**

- It is *strongly* recommended that students take ENGL 15 before CAS 100.
- At least 36 of the last 60 credits must have been earned at Penn State.
- At least 60 credits must be earned in the last 5 years.
- Minimum 2.0 cumulative GPA required for graduation.
- Minimum 120 credits required for graduation.

**Symbol Codes**

\(^\) C or better required.

**Courses that appear in bold** indicate that only that choice is offered at Fayette campus.

Course descriptions can be found at [http://www.psu.edu/bulletins/bluebook/courses/hd_fs.htm](http://www.psu.edu/bulletins/bluebook/courses/hd_fs.htm)

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\(^9\) Prerequisites: 311, 312W or 6 credits in HDFS or Psyc  
\(^10\) Prerequisites: 312W and 6 credits in HDFS or Psyc
Associate in Science, Human Development and Family Studies, Adult Development/Aging Service Option

The degree of Associate in Science in HDFS, Adult Development option will be awarded upon completion of the following:

<table>
<thead>
<tr>
<th>Credits</th>
<th>General Education Requirements (22 credits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>English 15</td>
</tr>
<tr>
<td>3</td>
<td>Communication Arts &amp; Sciences (CAS) 100</td>
</tr>
<tr>
<td>4</td>
<td>Statistics 200(^1) or EdPsy 101 (3 credits) or Stat 100, see your advisor</td>
</tr>
<tr>
<td>3</td>
<td>Biological Sciences 4 or Biology 155 or Biology 141</td>
</tr>
<tr>
<td>3</td>
<td>Arts</td>
</tr>
<tr>
<td>3</td>
<td>Humanities</td>
</tr>
<tr>
<td>3</td>
<td>Psychology 100</td>
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<table>
<thead>
<tr>
<th>Credits</th>
<th>Major Requirements (12 credits)</th>
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<tbody>
<tr>
<td>3</td>
<td>HDFS 129 Introduction to HDFS(^\wedge)</td>
</tr>
<tr>
<td>3</td>
<td>HDFS 301 Ethics(^\wedge)</td>
</tr>
<tr>
<td>3</td>
<td>HDFS 315 Family Development(^\wedge)</td>
</tr>
<tr>
<td></td>
<td>(satisfies Cultural Diversity requirement)</td>
</tr>
<tr>
<td>6</td>
<td>HDFS 395 Practicum</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Credits</th>
<th>Electives (0-9 credits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-9</td>
<td>Additional 0-9 credits chosen from any field</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Credits</th>
<th>Option Requirements for Adult Development and Aging (21 credits)</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>HDFS 249 Adult Development &amp; Aging</td>
</tr>
<tr>
<td>3</td>
<td>HDFS 311 Interventions(^\wedge)</td>
</tr>
</tbody>
</table>

| 15      | Additional selections in consultation with Advisor.               |
|         | Recommended: HDFS 312W\(^4\), Nutr. 251, \(^\wedge\)in HDFS courses |
|         | Also recommended: Use upper level HDFS courses if you will be     |
|         | continuing on to get your Bachelor’s degree                      |

\(^1\) Prerequisites: 2 units of algebra (Math 17 or 21 fulfill this requirement)
\(^2\) Prerequisites: HDFS 129 and 3 credits of social, behavioral, or human biological sciences
\(^3\) Prerequisite: HDFS 129
\(^4\) Prerequisite: C or better in Stats 200

*Always see your Advisor and check with The Blue Book. This list is not a contract and is not intended to replace the degree audit.*
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**Additional Information to Consider:**
It is *strongly* recommended that students take ENGL 15 before CAS 100.

Need a Writing Across the Curriculum requirement (satisfied by HDFS 312W or 315W/Y).
Need an Intercultural Competence (Cultural Diversity) requirement (satisfied by HDFS 315Y).

At least 18 of the last 30 credits must have been earned at Penn State.
At least 30 credits must be earned in the last 5 years.
Minimum 2.0 cumulative GPA required for graduation.
Minimum 60 credits required for graduation.

**Symbol Codes**
^ C or better required.

**Courses that appear in bold** indicate that only that choice is offered at Fayette campus.

Course descriptions can be found at [http://www.psu.edu/bulletins/bluebook/courses/hd_fs.htm](http://www.psu.edu/bulletins/bluebook/courses/hd_fs.htm)
Associate in Science, Human Development and Family Studies, 
Children/Youth & Family Service Option

The degree of Associate in Science in HDFS, Children, Youth & Family option will be awarded upon completion of the following:

**Credits**

**General Education Requirements (22 credits)**

<table>
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<tr>
<th>Credits</th>
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<td>Humanities</td>
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**Credits**

**Major Requirements (12 credits)**

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<tr>
<td>3</td>
<td>HDFS 301 Ethics</td>
</tr>
<tr>
<td>3</td>
<td>HDFS 315 Family Development^16 (satisfies Cultural Diversity requirement)</td>
</tr>
<tr>
<td>6</td>
<td>HDFS 395 Practicum</td>
</tr>
</tbody>
</table>

**Credits**

**Electives (0-9 credits)**

0-9 Additional 0-9 credits chosen from any field

**Credits**

**Option Requirements for Children, Youth, & Family (24 credits)**

<table>
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<tr>
<th>Credits</th>
<th>Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>HDFS 229 Infant and Child Development</td>
</tr>
<tr>
<td>3</td>
<td>HDFS 239 Adolescent Development</td>
</tr>
<tr>
<td>3</td>
<td>HDFS 311 Interventions^17</td>
</tr>
</tbody>
</table>

15 Additional selections in consultation with Advisor. 
Recommended: HDFS 312W, Nutr. 251, in HDFS courses
Also recommended: Use upper level HDFS courses if you will be continuing on to get your Bachelor’s degree

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15 Prerequisites: 2 units of algebra (Math 17 or 21 fulfill this requirement)
16 Prerequisites: HDFS 129 and 3 credits of social, behavioral, or human biological sciences
17 Prerequisite: HDFS 129
18 Prerequisite: C or better in Stats 200
Additional Information to Consider:
It is strongly recommended that students take ENGL 15 before CAS 100.

Need a Writing Across the Curriculum requirement (satisfied by HDFS 312W or 315W/Y).
Need an Intercultural Competence (Cultural Diversity) requirement (satisfied by HDFS 315Y).

At least 18 of the last 30 credits must have been earned at Penn State.
At least 30 credits must be earned in the last 5 years.
Minimum 2.0 cumulative GPA required for graduation.
Minimum 60 credits required for graduation.

Symbol Codes
^ C or better required.

Courses that appear in bold indicate that only that choice is offered at Fayette campus.

Course descriptions can be found at http://www.psu.edu/bulletins/bluebook/courses/hd_fs.htm