

CHRISTOPHER R. PEREZ, M.S.

Doctoral Candidate
Department of Psychology
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EDUCATION

Doctor of Philosophy, Psychology

The Pennsylvania State University (PSU) – University Park, PA
Expected August 2014

Master of Science, Psychology

The Pennsylvania State University (PSU) – University Park, PA
Awarded December 2009

Master's Thesis: Strength in Numbers: Emotion Regulation, Psychological Functioning, and the Context of Oppression

Bachelor of Arts, Psychology

California State University, San Bernardino (CSUSB)
Awarded June 2007

Highest Honors

Honors Project: Ethnic Identity, Self-Esteem, and the Relationship between Discrimination and Psychological Distress

Cumulative G.P.A: 3.901

Major G.P.A: 4.0

Associates in Arts, Liberal Arts

Victor Valley College (VVC) – Victorville, CA
Awarded June 2005

High Honors

G.P.A: 3.843

MANUSCRIPTS

Perez, C. R., Newman, M. G., & Soto, J. A. (2011). *Adding Insult to Injury: Reappraisal as a Potentially Ruminative Thought Process*. Manuscript in preparation.

Soto, J. A., Armenta, B. E., **Perez, C. R.**, Zamboanga, B. L., Umaña-Taylor, A. J., Lee, R. M., Schwartz, S. J., Park, I. J. K., Huynh, Q.-L., Krauss Whitmourn, S., Le, T. N., & Ham, L. S. (2011). *Strength in Numbers: Cognitive Reappraisal Tendencies and Psychological Functioning among Latinos in the Context of Oppression*. Manuscript submitted for publication.

Baker, A., Soto, J. A., **Perez, C. R.**, & Lee, E. A. (2011). *Acculturative Status and Psychological Well-Being in an Asian and Asian American Sample*. Manuscript submitted for publication.

Perez, C. R., & Soto, J. A. (2011). Cognitive reappraisal in the context of oppression: Implications for psychological functioning. *Emotion, 11*, 675–680. doi: 10.1037/a0021254

Soto, J. A., **Perez, C. R.**, Kim, Y.-H., Lee, E. A., & Minnick, M. R. (2011). Is expressive suppression always associated with poorer psychological functioning? A cross-cultural comparison between European Americans and Hong Kong Chinese. *Emotion*. Advance online publication. doi: 10.1037/a0023340

ACADEMIC PRESENTATIONS

Armenta, B. E., Schwartz, S. J., Zamboanga, B. L., Soto, J. A., **Perez, C. R.**, & Castillo, L. (2011, January). *Positive reinterpretation and psychological well-being in the context of oppression*. Poster session presented at the 12th Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Perez, C. R., Lee, E. A., Kim, Y.-H., Minnick, M. R., & Soto, J. A. (2011, January). *The relationship between expressive suppression and psychological functioning among European Americans and Hong Kong Chinese*. Poster session presented at the 12th Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Perez, C. R., & Soto, J. A. (2010, June). Strength in numbers: Cognitive reappraisal in the context of oppression—Implications for psychological functioning. In J. A. Soto (Chair), *Culture, health, and emotion regulation: Contextual influences on the consequences and correlates of emotion regulation*. Symposium conducted at the first conference of the Society for the Psychological Study of Ethnic Minority Issues (Division 45), Ann Arbor, MI.

Soto, J. A., **Perez, C. R.**, Kim, Y.-H., Lee, E. A., & Minnick, M. R. (2010, June). Psychological functioning and expressive suppression in European Americans and Asians. In J. A. Soto (Chair), *Culture, health, and emotion regulation: Contextual influences on the consequences and correlates of emotion regulation*. Symposium conducted at the first conference of the Society for the Psychological Study of Ethnic Minority Issues (Division 45), Ann Arbor, MI.

Lee, E. A., **Perez, C. R.**, & Soto, J. A. (2010, January). *Health consequences of emotion regulation on different cultural populations: A comparison of Asian and European Americans*. Poster session presented at the 11th Annual Meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

Hanley, K. E., Soto, J. A., **Perez, C. R.**, Lee, E. A., & Dawson-Andoh, N. A. (2009, May). *Assessing emotion regulation in the moment: Implications for research design and measurement*. Poster session presented at the 21st Annual Association for Psychological Science Convention, San Francisco, California.

Perez, C. R., Soto, J. A., Lee, E. A., & Minnick, M. R. (2009, May). *Cognitive reappraisal, ethnic identity, and depressive symptoms among Latinos and European Americans*. Poster session presented at the 21st Annual Association for Psychological Science Convention, San Francisco, California.

Toruno, J., Gamez, A., **Perez, C. R.**, & Lewin, M. R. (2008, April). *Ethnic identity, self-esteem, social support, and perceived discrimination*. Poster session presented at the 88th Annual Western Psychological Association Convention, Irvine, California.

Perez, C. R., & Lewin, M. R. (2007, June). *Ethnic identity, self-esteem, and the relationship between discrimination and psychological distress*. Paper presented at the 17th Annual California State University, San Bernardino, Student Research Conference.

Perez, C. R., Wittig, S. M., & Lewin, M. R. (2007, May). *Ethnic identity on the relationship between discrimination and psychological distress*. Poster session presented at the 87th Annual Western Psychological Association Convention, Vancouver, BC, Canada.

Kholodenko, Y., **Perez, C. R.**, Baker, D., Kirksey, L., & Lewin, M. R. (2007, May). *Schemas as predictors of anxiety, phobia, and obsessive compulsive symptoms*. Poster session presented at the 87th Annual Western Psychological Association Convention, Vancouver, BC, Canada.

Perez, C. R. (2006, August). *The role of ethnic identity on the relationship between perceived discrimination and psychological distress*. Paper presented at the 14th Annual Ronald E. McNair California Scholars Symposium, University of California, Berkeley.

CLINICAL EXPERIENCE

August 2010 – Present: Volunteer Counselor, Centre County Correctional Facility

Deliver treatment to inmates through the prison service of PSU Psychological Clinic.

Supervisor: Michael C. Wolff, Ph.D., CAC, Assistant Director, (814) 863-5659

May 2011 – August 2011: Clinical Supervisor, The PSU Psychological Clinic

Supervise first-year, adult clinical graduate students in their clinical practicum; Observe clinical practice via video recordings; Review notes and reports.

Supervisor: Michael C. Wolff, Ph.D., CAC, Assistant Director, (814) 863-5659

June 2010 – August 2011: Clinic Assistant, The PSU Psychological Clinic

Provide treatment to clients categorized as Severe/Persistent Mental Illness (SPMI).

Supervisor: Brian A. Sharpless, Ph.D., Assistant Director, (814) 863-4448

January 2011 – May 2011: Staff Therapist, The PSU Psychological Clinic

Provide neuropsychological assessments.

Supervisor: Peter A. Arnett, Ph.D., Associate Professor, (814) 863-1733

August 2010 – December 2010: Staff Therapist, The PSU Psychological Clinic

Provide neuropsychological assessments.

Supervisor: Frank G. Hillary, Ph.D., Associate Professor, (814) 865-5849

June 2010 – July 2010: Staff Therapist, The PSU Psychological Clinic

Provide neuropsychological assessments.

Supervisor: Michael M. Kiel, Ph.D., Licensed Psychologist, (814) 231-8820

August 2009 – May 2010: Staff Therapist, The PSU Psychological Clinic

Provide therapeutic interventions in line with a cognitive-behavioral approach, specifically Persons' Case Formulation Approach (Persons, 1989).

Supervisor: José A. Soto, Ph.D., Assistant Professor, (814) 863-0382

June 2009 – July 2009: Staff Therapist, The PSU Psychological Clinic

Begin to provide therapeutic interventions in line with a cognitive-behavioral approach.

Supervisor: Alissa S. Yamasaki, Ph.D., Licensed Psychologist, (814) 231-8820

August 2008 – May 2009: Staff Therapist, The PSU Psychological Clinic

Provide therapeutic interventions in line with a psychodynamic approach and, specifically, Object Relations; conduct Structural Interviews (Kernberg, 1984); conduct Transference Focused Therapy (TFP).

Supervisor: Aaron L. Pincus, Ph.D., Associate Professor, (814) 863-1723

June 2008 – July 2008: Staff Therapist, The PSU Psychological Clinic

Conduct initial stages of therapy; form a working alliance; utilize motivational interviewing.

Supervisor: Michael C. Wolff, Ph.D., CAC, Assistant Director, (814) 863-5659

August 2007 – May 2008: Staff Therapist, The PSU Psychological Clinic

Provide intake assessments to incoming clients; formulate treatment plans; integrate information for reports.

Supervisor: Amy D. Marshall, Ph.D., Assistant Professor, (814) 863-1752

TEACHING EXPERIENCE

Summer 2011: Co-Facilitator, First-Year Clinical Practicum (Psy 560), Department of Psychology, The Pennsylvania State University

Co-facilitate and supervise first-year, adult clinical graduate students in their clinical practicum; Assign readings; Conduct role-plays; Assist in identifying and assigning cases.

Supervisor: Michael C. Wolff, Ph.D., CAC, Assistant Director, (814) 863-5659

**Spring 2011: Teaching Assistant, Personality and Social Development (Psych 414),
Department of Psychology, The Pennsylvania State University**

Conduct lectures on the relationships between culture and emotion; Maintain Angel Course Management System; grade term paper, assignments, midterms, and final; file final grades; and assist students with any questions related to the course.

Instructor: Alysia Blandon, Ph.D., Assistant Professor

**Fall 2010: Teaching Assistant, Health Psychology (Psych 441), Department of Psychology,
The Pennsylvania State University**

Maintain Angel Course Management System; grade term paper, assignments, midterms, and final; file final grades; and assist students with any questions related to the course.

Instructor: J. Aubrey Duquin, Ph.D., Lecturer

**Spring 2010: Teaching Assistant, Clinical Neuropsychology (Psych 478), Department of
Psychology, The Pennsylvania State University**

Setup and maintain Angel Course Management System; grade term paper, assignments, midterms, and final; file final grades; and assist students with any questions related to the course.

Instructor: Aaron M. Rosenbaum, Ph.D., Lecturer

**Spring 2010: Teaching Assistant, Introduction to Clinical Psychology (Psych 481),
Department of Psychology, The Pennsylvania State University**

Conduct lectures on the ethical considerations of assessment; setup and maintain Angel Course Management System; grade papers, in-class assignments, midterms, and final; enter exam and assignment scores; file final grades; and assist students with any questions related to the course.

Instructor: Amy E. Dribin, M.S., Graduate Student Lecturer

**Fall 2009: Teaching Assistant, Introduction to Psychology (Psych 100), Department of
Psychology, The Pennsylvania State University**

Setup and maintain Angel Course Management System; grade assignments, midterms, and final; conduct make-up exam sessions; conduct exam review sessions; enter exam and assignment scores; file final grades; and assist students with any questions related to the course.

Instructor: Cathleen B. Hunt, Ph.D., Lecturer

**Spring 2009: Teaching Assistant, Psychology of Human Emotion (Psych 425), Department
of Psychology, The Pennsylvania State University**

Lead review sessions for midterm exams; setup and maintain Angel Course Management System; grade paper assignments, midterms, and final; enter exam and assignment scores; file final grades; and assist students with any questions related to the course.

Instructor: Reginald B. Adams, Jr., Ph.D., Assistant Professor

**Spring 2009: Teaching Assistant, Multicultural Psychology in American (Psych 432),
Department of Psychology, The Pennsylvania State University**

Setup and maintain Angel Course Management System; grade paper assignments, midterms, and final; enter exam and assignment scores; file final grades; and assist students with any questions related to the course.

Instructor: José A. Soto, Ph.D., Assistant Professor

**Fall 2008: Teaching Assistant, Introduction to Abnormal Psychology (Psych 270),
Department of Psychology, The Pennsylvania State University**

Conduct lectures on the sociocultural viewpoint of abnormal psychology; setup and maintain Angel Course Management System; grade paper assignments, midterms, and final; enter exam and assignment scores; file final grades; and assist students with any questions related to the course.

Instructor: Khytam Dawood, Ph.D., Lecturer

**Spring 2007: Teaching Assistant, Experimental Psychology: Clinical (Psyc 432),
Department of Psychology, California State University, San Bernardino**

Conduct lectures on correlation, regression, and moderation/mediation, setup Black Board, grade midterm and final, enter exam and assignment scores, file final grades, review paper assignments, and assist students with data entry, data analysis, and questions related to APA style and common errors in writing.

Instructor: Michael R. Lewin, Associate Professor

SERVICE EXPERIENCE

October 2006 – June 2007: IRB Student Representative, Institutional Review Board, Office of Research and Sponsored Programs, California State University, San Bernardino

Review, monitor, and oversee proposed research involving human subjects to ensure the ethical principles of beneficence, respect for persons, and justice are inherent in all research conducted at CSUSB.

September 2006 – June 2007: Peer Advisor, Peer Advising Center, Department of Psychology, California State University, San Bernardino

Advise students in pursuit of their psychology, human development, and social science degrees; assist students in understanding their Program Advising Worksheet for Students.

Supervisor: Dr. Janelle Gilbert, Associate Professor

January 2004 – December 2004: Academic Tutor, Supplemental Instruction and Tutoring (SI/T), Victor Valley College

Tutor students in introductory and developmental psychology, statistics, and algebra.

Supervisor: Liz Gersten, Associate Faculty

ACADEMIC HONORS, ACHIEVEMENTS, AND AWARDS

Awarded: Society for Personality and Social Psychology Student Travel Award, 2011
Awarded: Society for the Psychological Study of Ethnic Minority Issues (APA Division 45) Conference Student Scholarship, 2010
Awarded: Bunton-Waller Graduate Fellowship, Department of Psychology, PSU, 2007 – Present
Awarded: Outstanding Undergraduate, College of Social and Behavioral Science, CSUSB, 2007
Awarded: Dean's Honor Paper Award, College of Social and Behavioral Science, CSUSB, 2007
Awarded: Outstanding Undergraduate in Research, Department of Psychology, CSUSB, 2007
Awarded: Outstanding Undergraduate in Service, Department of Psychology, CSUSB, 2007
Awarded: Western Psychological Association Student Scholarship, 2007
Honor Student: Department of Psychology, CSUSB, 2006 – 2007
McNair Scholar: CSUSB, 2006 & 2007 Cohorts
Elected to: The Honor Society of Phi Kappa Phi (2007)
Elected to: Psi Chi, National Honor Society in Psychology (2006)
Elected to: Golden Key International Honour Society (2006)
GMC Cadet of the Quarter: Air Force ROTC, Detachment 002, Fall 2004
President's List: CSUSB: Academic Year 2006 – 2007, Spring 2006; VVC: Fall 2004, Fall 2003
Dean's List: CSUSB: All Quarters for Academic Years 2005 – 2007; VVC: Spring 2003
Honor Roll: VVC: Spring 2004

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA), Student Affiliate
Association for Psychological Science (APS), Student Member
Society for Personality and Social Psychology (SPSP), Graduate Member
Society for the Psychological Study of Ethnic Minority Issues (Division 45), Student Affiliate

VOLUNTEER EXPERIENCE

July 2006 – June 2007: Secretary, Psi Chi Chapter of California State University, San Bernardino.
July 2006 – June 2007: President, Psychology Club at California State University, San Bernardino.
July 2006 – June 2007: Treasurer, Clinical Counseling Psychology Club at California State University, San Bernardino.
July 2005 – June 2006: Webmaster, Psychology Club at California State University, San Bernardino.
September 2003 – June 2005: GMC Cadet, United States Air Force ROTC, Detachment 002, California State University, San Bernardino.

REFERENCES

The following individuals have written letters on my behalf:

José A. Soto, Ph.D.
Assistant Professor of
Psychology

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Pennsylvania State University
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Associate Chair

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