

ACTIVITIES RESUME

CASSIDY ALEXANDRA NEWMAN

Work

Kuhnsville Car Wash
Allentown, PA

2012- present

- Summer- 20 hours a week, School year- 5 hours a week
- Team Member; Duties include greeting customers and cleaning, drying and detailing vehicles

Weis Markets
Allentown, PA
2010-2012

- 20 hours a week, 25 weeks a year
- Cashier

Extra-Curricular Activities

SPORTS

Cross-Country Team
Parkland High School
2009-2012

- 12 hours a week, 24 weeks a year.
- Earned varsity letters 4 of 4 years
- Details of athletic achievements under **Awards and Honors** below

Track Team
Parkland High School
2010-2013

- 12 hours a week, 24 weeks a year.
- Earned varsity letters 3 of 3 years (hopefully 4 of 4 this Spring)
- Ran in the 400m, 800m, 1600m, and 3200m events
- Details of athletic achievements under **Awards and Honors** below

CLUBS

National Honors Society
2012-2013

- Tutoring in study halls and after school
- Participate in organized events such as Unhaunted House and Storytime

Math League
2009-2012

- Participate in math competitions at my high school
- Compete against other Lehigh Valley schools districts

Math Honors Society
2011-2013

- Tutoring during study halls
- Assist students needing extra help in math class

P.A.L.S. Club
2010-2013

- Initiates awareness and offers peer support to students with mental disabilities
- Organize pizza parties, movie nights, dances and sporting events

Awards and Honors

Most Valuable Player
All-Star
Sportsmanship award
League meet medalist
District meet medalist
Scholar Athlete Of The Year

Cross-country	2011
Cross-country	2011
Track	2012
Cross-country, Track	2010-2012
Cross-country, Track	2010-2012
Cross-country	2012

Community Service Experience

Lehigh Valley Road Runners

Allentown, PA

2010-2012

- Attended races throughout the summer
- Youth races encourage running and fitness in children
- Volunteer to lead children through race

St. Luke's Youth Race

Allentown, PA

2010-2012

- Annual race
- Benefits St. Luke's Children's Hospital
- Volunteer to help set up and execute the event

Special Olympics

Allentown, PA

2012-2013

- Volunteer to help special needs kids participate

Leadership Experience

**Student Athlete Character and
Sportsmanship Council Member**

Lehigh Valley Conference

2012

- Regularly scheduled monthly meetings
- Works to promote excellence in students in the Lehigh Valley
- 4 out of 3200 students selected

Captain

Cross-Country Team

2011 and 2012

- Assist the coaches
- Encourage and support teammates
- Lead the team in practice