

ROME TRIP: Ultimate Packing List

Clothing & Accessories

- Shirts
- Pants
- Underwear
- Bras
- Pajamas
- Sweater or sweatshirt
- Light jacket
- Belts
- Socks
- Comfortable walking shoes (2 pair)
- Hats/gloves/scarf
- Watches
- Sunglasses w/strap
- Emergency Raincoat
- _____
- _____
- _____
- _____

Toiletries

- Toothbrush
- Toothpaste
- Soap/bath gel
- Shampoo
- Hair conditioner
- Deodorant
- Contacts/glasses
- Contact lens solution
- Sunscreen
- Lip balm w/sunscreen
- Cornstarch or powder
- Razors
- Shaving cream
- Tweezers
- Nail clippers
- Nail file
- Hair brush/comb
- Hair gel/mousse
- Hair spray
- Kleenex
- _____
- _____

Other Items

- Batteries
- Cameras
- Camera batteries, charger, data cable
- Electricity converters and adapters
- Extra digital card , film
- Camera bag
- MP3 player
- Umbrella
- Waist bag/day pack
- First aid kit
- Safety pins
- Earplugs
- Books/magazines
- Small notebook
- Gel insoles
- Expandable bag
- Money belt or neck carrier

Travel Paperwork

- Plane tickets (make copies)
- Cash/credit & ATM cards
- Travelers checks (make copies)
- Passports/copies
- Student IDs
- Health insurance card
- Guidebooks
- Maps/directions tips
- _____
- _____

First Aid

- Prescription meds *
- Moleskin
- Band-Aids
- Antibiotic ointment
- Antacids/Tums
- Antidiarrheal meds
- Motion sickness pills
- Sinus/allergy meds
- Eyedrops
- Vitamins
- Cough drops
- _____
- _____

* If you have a prescription that you cannot be without, get an extra prescription & a letter from the doctor stating why you need this medication.