PSYCH at PSU-UP

Lecture Goals
- Connect experiences as a PSYCH major/minor to career paths
- Explain the PSYCH major/minor at PSU (UP)
- Discuss other educational activities and opportunities

PSYCH Majors Across PSU
- Different PSU locations

PSYCH Major at PSU (UP)
- Offer PSYBA & PSYBS
  - PSYBA = Broad education in the arts, humanities, and social sciences
  - PSYBS =
  - No difference for getting a job, going to graduate or professional school

PSYBA or PSYBS??
- Career goals
  - Foreign language needed
  - Med school, psychiatry, neurology
  - Clinical psychology
- Interests

5 Types of PSYCH Majors
- BA
- BS
  - LS
  - BUS
  - NEURO
**QUANT**

**PSYBA**
- 123 total credits including
  - 12th credit proficiency of ________________________________________________
  - 9 credits from “knowledge domain”
- Arts, humanities, social/beh. sciences, natural sciences, quantification courses
  - 3 credits of Other Cultures
  - English 202 (any, but ____________________ recommended)

**PSYBS**
- 123 total credits including
  - English ____________________ (Writing in the Social Sciences)
  - C in one language course at Penn State or ________________________________
- Life Sciences Option
  - For those who want a general science background
    - For those interested in _________________________________________________
    - Need 3 of 4 categories
      - Genetics (Biology or Anthropology Dept.)
      - Biological Anthropology
      - Biobehavioral Implications
      - Biology & Chemistry
- Neuroscience Option
  - For those who want to go into ___________________________________________
  - Need 4 of 5 categories
    - Genetics
    - Physiology
    - Organic Chemistry
- Cell Biology
- Other topics (Biology & Biobehavioral Health)

- Business Option
  - For those who want to ____________________________________________
  - Courses in 2+ categories
    - Economics, Philosophy, Political Science, Finance, Marketing, Accounting
    - Management, Law & Ethics, Labor Relations, Communication
    - Global view, Gender & Race, History

- Quantitative Skills Option
  - For those who want to specialize in _______________________________
  - Courses in 4+ categories
    - Math (Calculus)
    - Computer Science
    - Stats
    - Math Psychology

**Entrance to Major Requirements**
- Cumulative GPA of ___________________________________________
- C or better in
  - PSYCH 100
  
  ________________________
  - At least 3 cr. of GQ courses (not including STAT 200)
  - At least 3 cr. of GS courses (not including PSYCH 100)

**Prescribed Courses**
- C or better in
  - PSYCH 100
  
  ________________________
  - PSYCH 301W
  
  STAT 200 is prerequisite
• PSYCH 490 Sr. Seminar in Psychology

• __________________________________________________________________________
• 6 credits of 400-level prerequisite
  • Don’t save all 400-level credits for last

Breadth requirement
• __________________________________________________________________________ of 200-level courses (C or better)
• Can’t include PSYCH 294, 295, 296, or 297

• At least 3 credits from each group a, b, and c:

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
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</thead>
<tbody>
<tr>
<td>Intro to Perception</td>
<td>Intro Develop Psych</td>
<td>Evolutionary Psych</td>
</tr>
<tr>
<td>Neurological Basis</td>
<td>Intro Social Psych</td>
<td>Intro Abnormal Psych</td>
</tr>
<tr>
<td>Intro Psych of Learning</td>
<td>Intro Personality Psych</td>
<td>Intro I-O Psych</td>
</tr>
<tr>
<td>Intro to Cog Psych</td>
<td>Intro Psych of Gender</td>
<td>Intro Well-being</td>
</tr>
</tbody>
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• Can take extra as electives
• Some are _______________________________ for other courses - PLAN

Depth Opportunities

Clinical
PSYCH 438: Personality Theory
PSYCH 445: Forensic Psychology
PSYCH 470: Abnormal Psychology
PSYCH 471: Adjustment & Social Relationships
PSYCH 474: Intervention in Childhood
PSYCH 476: Child Psychopathology
PSYCH 477: Mental Health Practicum with Children
PSYCH 478: Clinical Neuropsychology
PSYCH 481: Intro to Clinical Psychology

Social
PSYCH 419: Psychology & a Sustainable World
PSYCH 420: Advanced Social Psychology
PSYCH 421: Self and Social Judgment
PSYCH 423: Interpersonal Relationships
PSYCH 424: Applied Social Psychology
PSYCH 425: Psychology of Human Emotion
PSYCH 432: Multicultural Psychology in America
PSYCH 479: Psychology of Gender

Developmental
PSYCH 412: Adolescence
PSYCH 413: Cognitive Development
PSYCH 414: Social & Personality Development
PSYCH 416: Development Through Adulthood
PSYCH 464: Behavior Genetics

Cognitive
PSYCH 426: Language and Thought
PSYCH 427: L1 Acquisition
PSYCH 451: Psychology of Action
PSYCH 452: Learning and Memory
PSYCH 457: Psychology of Language
PSYCH 461: Advanced Conditioning
PSYCH 462: Physiological Psychology
**Depth Requirement**
- 12 credits of 400-level courses (C or better)

- Not including __________________________

- Can use 3 credits of PSYCH 493, 494, 495, or 496
  - More than 3 credits counts as electives

- Can take extra as electives

- Make sure you _________________________________ before registering

**Minor Quest** -  [http://dus.psu.edu/students/minorquest/](http://dus.psu.edu/students/minorquest/)

**Minors for PSYCH Majors**
- Do it if
- It will help _________________________________
- Interest
  - But could just take specific courses

- Don’t just do it to _________________________________
- Does it help admission to professional school?

**Minoring in PSYCH at PSU (UP)**
- _________________________________
  - C or better required in all PSYCH courses
  - PSYCH 100
  - PSYCH 301W
  - 12 more PSYCH credits
  - 6 credits at the 400 level

- Not enough for grad school

- No guarantee that minors get _________________________________
• No guarantee that PSYCH Minor can _____________________________

Extra Undergraduate Opportunities
• Why?
• Better L of R’s
• RJP of grad school experiences
• Develop data skills ________________________________
• Test own interest in material
• Enhance transcript by demonstrating involvement outside the classroom

Research Assistant
• Research Projects (PSYCH 494) credits
  • ________________________________
  • Score, code, enter data
  • Literature searches
  • Idea development and discussion
  • Conference presentations?

• Does the research have to be in my main area of interest?
  • Any research experience ________________________________

• Can I earn $$ instead of credit?
  • Sometimes - ________________________________

Teaching Assistant
• Independent study (PSYCH 296) credit
  • Counts only ________________________________

• Tutor, proctor, create materials, activities, reviews

• Can ________________________________
Internships

- The good
  - Work experience: RJP
  - Check own interest: Professional contacts
  - Apply learning: Develop ______________
  - Credit/$$$: Foot-in-the-door

- The bad
  - Travel: More work ______________
  - Delays graduation: Unexpected ______________
  - How find them?: Dress code

- Settings
  - Clinical
  - Undergrads do ______________
    - Social Services
    - Children, mental health patients, special needs populations

  - I/O
  - Corporate settings, HR

- LA 495
  - GPA 2.0+
    - Mostly ______________ settings
  - 10+ hrs./week for 8+ weeks
  - Credit = 40 hrs.
  - Work with academic adviser
• PSYCH 495
  • Fall and Spring semesters - 1 cr. for every 3 hrs. of work per week
  • Summer semesters - 1 cr. for every 4-5 hrs. of work per week
  • Max. of 15 internship credits

• Difficult finding one
• Difficult finding an on-site supervisor
• Difficult finding a PSU faculty sponsor

• Reading, diary, term paper, learning journal

• Many simply volunteer (no credit)
• Can do it for pay and not credit
• Can do it for pay and credit ________________________________
• What about an RA instead??

Psi Chi
• Conferences
• Undergraduate Research Publications
• Meetings = useful info
• Application & Requirements