
Dana Pumehana Aina

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Objective To use my coaching, teaching, playing and educational experience to manage a successful high school volleyball program

Education The Pennsylvania State University 1998–Present
Master of Education, Counselor Education – College Student Personnel

- Degree in Progress (47 of 48 Credits Completed)

The Pennsylvania State University 1988–1989 and 1990–1993
Bachelor of Science, Exercise and Sports Science – Teaching Option

- Degree Conferred: May 1993
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High School Coaching Experience State College Area High School March–May, 1994–1997

Head Coach – Boys' Volleyball Team

- Complete coaching duties in all aspects of high school athletic program, including coach on the court, in practice and match situations; direct home tournament; record team statistics; administer training and conditioning program; schedule opponents and arrange team travel; maintain team budget and purchase team uniforms and equipment; supervise assistant coach's and team managers' roles and responsibilities; contact media; and coordinate collaborative efforts with booster club/parents/alumni/community
- Team Accomplishments: District 6 Champion, 1996

State College Area High School August–October, 1994–1996

Head Coach – Girls' Volleyball Team

- Complete coaching duties in all aspects of high school athletic program, including coach on the court, in practice and match situations; direct home tournament; record team statistics; administer training and conditioning program; schedule opponents and arrange team travel; maintain team budget and purchase team uniforms and equipment; supervise assistant coach's and team managers' roles and responsibilities; contact media; and coordinate collaborative efforts with booster club/parents/alumni/community
- Team Accomplishments: PIAA District 6 Champion, 1996

State College Area High School August–October, 1994–1996

Assistant Coach – Girls' Volleyball Team

- Complete coaching duties in all aspects of high school athletic program, including coach on the court, in practice and match situations; direct home tournament; record team statistics; administer training and conditioning program; and coordinate collaborative efforts with booster club/parents/alumni/community
- Team Accomplishments: PIAA District 6 Champion, 1996

State College Area High School March–May, 1993

Volunteer Assistant Coach – Boys' Volleyball Team

- Complete coaching duties as assigned, including coach on the court, in practice and match situations; and record team statistics
 - Team Accomplishments: PIAA District 6 Champion, 1993
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College Coaching Experience

The Pennsylvania State University August 1998–May 1999

2nd Assistant Coach – Men’s Volleyball Team

- Coach team on the court, in practice and match situations; plan and evaluate practices; and record team statistics
- Team Accomplishments: NCAA national semifinalist and EIVA champion

Bucknell University August 1997–February 1998

Assistant Coach – Women’s Volleyball Team

- Coach on the court, in practice and match situations; plan and evaluate individual/team practices; coordinate team recruiting; set team schedule and travel arrangements; manage team budget; videotape team matches and arrange videotape exchange; record team statistics; scout opponents and develop game plan; supervise team manager’s responsibilities; monitor student-athlete academic progress and athletic eligibility; and comply with all University, Patriot League and NCAA rules and regulations
- Team Accomplishments: Patriot League regular-season champion

The Pennsylvania State University August 1992–December 1992

Volunteer Assistant Coach – Women’s Volleyball Team

- Assist in performing duties as assigned, including coach on the court, in practice and match situations; and record team statistics
- Team Accomplishments: NCAA regional finalist and Big-Ten Conference co-champion

Other Coaching Experience

The Pennsylvania State University Summers 1992–1999

Coach – Boys’ and Girls’ Camps

- Teach volleyball skills and game strategies to students in grades 7-12; and referee and direct camp tournaments statistics

Volleyball Express Summers 1992–1999

Coach – Boys’ and Girls’ Camps

- Teach volleyball skills and game strategies to students in grades 7-12; referee and direct camp tournaments statistics; court set-up and take-down (nets & standards, audio-visual equipment); and supervise camp dormitory

High School Teaching Experience

State College Area School District September 1993–June 1997

Teacher – Health and Physical Education

- Teach students in grade 9-10 (Predetermined Substitute, 11/96-6/97)
- Teach students in grades K-12 (Daily Substitute, 9/93-10/96)
- Develop lesson plans to fit course curriculum; supervise and maintain safety of students in classroom and locker room areas; organize room dynamics during physical education activities; assign, correct and grade students’ homework; and monitor and evaluate students’ classroom behavior and participation
- Volunteer for PA Regional Special Olympics, and American Heart Association “Jump Rope for Heart”

State College Area School District January 1993–June 1993

Student Teacher – Health and Physical Education

- Teach approximately 300 students in grade 9-10, including one section each of Honors PE and Adapted PE; develop lesson plans to fit course curriculum; supervise and maintain safety of students in classroom and locker room areas; and monitor and evaluate students’ classroom behavior and participation
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Advising and Counseling Experience	<p><u>The Pennsylvania State University</u> <u>August 1999–Present</u> Counselor (August 2000–Present) & Counseling Intern (August 1999–July 2000) – Multicultural Resource Center (MRC)</p> <ul style="list-style-type: none"> ▪ Manage caseload of approximately 1000 ethnically underrepresented undergraduates, including African/Black American, American Indian/Alaskan Native, Asian & Pacific American, and Latino/Hispanic American students. ▪ Provide counseling and referral services for students who have personal concerns regarding (1) orientation and adjustment to college; (2) retention programming, including study skills, time management, and test-taking strategies; (3) academic progress, including course scheduling and degree audits; (4) financial aid, scholarships, and money management; (5) interpersonal relationships with peers and family, conflict resolution, and other personal matters; (6) tutorial services, supplemental instruction, study groups, and seminars; (7) transfer credit evaluation, and transferring procedures; (8) careers, work-study, internships, graduate and professional school, education abroad, and job opportunities; and (9) University policies, procedures, and regulations ▪ Implement advising procedures in conjunction with mainframe database; maintain student records via electronic documentation; design, manage and update MRC Web site; coordinate KEWL (Knowledge, Excellence, Wisdom, & Learning) mentoring and leadership program; and write grant proposal for Educational Opportunity Planning Committee (EOPC) 		
	<p><u>The Pennsylvania State University</u> <u>August 1999–April 2000</u> Counseling Intern – Morgan Academic Support Center for Student-Athletes (MASCOSA)</p> <ul style="list-style-type: none"> ▪ Advise student-athletes (from 6 different teams) on issues regarding athletic eligibility; instruct first year experience seminar; mentor student-athletes and monitor their academic progress; and compile data detailing gender differences in college choice of student-athletes 		
Computer Experience	<ul style="list-style-type: none"> ▪ Proficient at several software programs; designed, managed and updated Web sites; and design and utilize technology to provide student support services 		
Current & Prior Affiliations	<p>American College Personnel Association (ACPA) American Volleyball Coaches Association (AVCA) National Association of Academic Advisors for Athletics (N4A) Pennsylvania College Personnel Association (PCPA) Pennsylvania Volleyball Coaches Association (PVCA), PIAA District 6 Coaches' Rep</p>		
Certifications	<p>USA Volleyball: IMPACT and CAP Level I PA Dept. of Education: Health and Physical Education Teacher (K-12), Instructional I</p>		
Military Experience	<p><u>United States Navy</u> <u>September 1985–August 1988</u> Petty Officer, 3rd Class – Machinist Mate, E- 4 (MM3)</p> <ul style="list-style-type: none"> ▪ Completed various military duties, as assigned 		
References	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Russ Rose Head Coach Penn State Women's Volleyball 235 Recreation Building University Park, PA 16802 814-863-7474</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Mark Pavlik Head Coach Penn State Men's Volleyball 207 Recreation Building University Park, PA 16802 814-863-7464</p> </td> </tr> </table>	<p>Russ Rose Head Coach Penn State Women's Volleyball 235 Recreation Building University Park, PA 16802 814-863-7474</p>	<p>Mark Pavlik Head Coach Penn State Men's Volleyball 207 Recreation Building University Park, PA 16802 814-863-7464</p>
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